



A surgery benefit that's hard to believe

No one ever wants to get surgery or major medical treatment, but when you've tried everything to treat pain or solve health problems, it may be your best option. That's where we come in.

We're a healthcare benefit you get through the State of Maine health plan and we make it easier and more affordable to get surgical care from the best doctors in the world.

After you register, you can get exceptional orthopedic, cardiac, weight loss, or spinal surgery for little to no cost. And, we recently added Northern Light's Eastern Maine Medical Center in Bangor and Mercy Hospital in Portland to our network.

Get started by visiting carrum.me/stateofmaine or calling 888.855.7806.

Be well,
The Carrum Health team



The absolute best care

Our doctors have more experience performing your procedure and lower complication rates than 90% of providers.



A seamless experience

Our team does all of the planning, preparation, and paperwork so you can focus on what matters – your health.



Costs are covered

Your employer covers all or most of the medical and travel costs so you won't worry about surprise bills.*

This benefit is provided to you by



Active employees, early retirees, COBRA participants, and their dependents, on PPO medical plans who satisfy clinical guidelines for covered procedures are eligible to participate. These benefits must be accessed through Carrum Health.

Activate your account at: carrum.me/stateofmaine

*Per IRS rules, a portion of the covered travel expenses will be reported as taxable income



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Healthcare without the headaches

During these uncertain times, it can be reassuring to know you have access to employee benefits that transform your life and save you money. And when it comes to surgery, you need to know you're getting the highest quality care. That's why the State of Maine sponsors your Carrum Health benefit. We partner with premier doctors to make getting surgery and medical treatment safer, comfortable, and far more affordable.

You can get surgery at many world-class hospitals including, but not limited to:



East

Eastern Maine Medical Center in Bangor, ME
Mercy Hospital in Portland, ME
New England Baptist Hospital in MA
St. Francis Hospital in CT
Rothman Orthopaedic Institute in NY, NJ, and PA
Johns Hopkins in MD



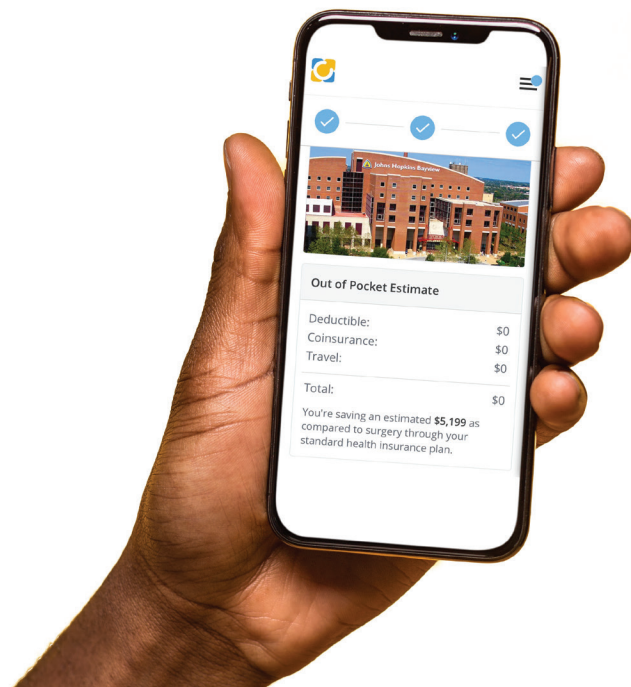
Central & West

Rush Health in IL
OrthoIndy in IN
Scripps Health in CA

“I chose the Carrum Health program because I had access to top-rated hospitals and surgeons and there wasn't any out of pocket costs.”

I'm three months post surgery now and I have no pain whatsoever. I can walk without limping, and the care and service I received was excellent. I couldn't be happier with the results.”

Stacey | Office of the State Controller, State of Maine



All of our Centers of Excellence partners and services are listed in the app. Login to learn more and get your questions answered by our care team.

Get started: carrum.me/stateofmaine